

# MAMA T's MEATBALLS

Prep Time: 10 min

Total Time: 35 MIN

Servings: about 4

## Ingredients

1/2 lb lean ground meat

1/2 sweet Italian sausage

1 egg

1/2 cup parmesan cheese, grated

2 Tbsp onion, minced

1 tsp garlic powder

1/2 cup bread crumbs, italian seasoning

salt and pepper to taste

1 cup Mama T's Pasta Sauce

## Directions

**Roll meatballs:** Combine ground meat and italian sausage in a large bowl with egg, parmesan cheese, onion, bread crumbs, garlic powder, salt and pepper. Knead mixture together until combined. Then roll into golf ball sized meatballs.

**Fry meatballs:** In a large frying pan, heat olive oil over meadium-high heat for approx 3 min. Place meatballs in pan and cover. Cook for 10-15 min rotating meatballs to ensure they are cooked thru. Once cooked, remove from heat and add to Mama T's Sauce. Simmer over low heat for 10 minutes.

Add to your favorite pasta and Enjoy!